North Metro Gymnastics Center
Metro Retro Invitational
April 18-19, 2021

Meet Site: North Metro Gymnastics Center
109 Smokehill Lane Suite 150 Woodstock, GA 30188

Meet Director: Susan Durning 770-384-8058, susan@northmetrogymnastics.com
Entry Deadline: Friday, April 2, 2021
Entry Fee: $65.00 per gymnast, $45.00 per Team – All USA and AAU athletes
Make checks payable to: North Metro Gymnastics Center
Register through USA Gymnastics – sanction #76815
Register your AAU athletes by email susan@northmetrogymnastics.com or mail directly to NMGC 109 Smokehill Lane Suite 150 Woodstock, GA 30188

Covid-19 protocols: Social distancing required (2people per athlete)
ALL PARTICIPANTS AND SPECATORS must wear a mask. (athlete are allowed to remove mask during event warm-ups and competition.
Temperature checks for all individuals entering the NMGC building.
Shoe sanitation required at time of check-in.
Bathrooms have limited numbers of individuals allowed at one time.
All awards will be done socially distanced.
Each session will be dismissed before the next session is allowed in the building.

This event is licensed by the Amateur Athletic Union of the U.S., Inc. ♣ All participants must have a current AAU membership.

♣ AAU membership may not be included as part of the entry fee to the event.
♣ AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a

laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
♣ Participants are encouraged to visit the AAU website **www.aausports.org** to obtain their membership.

♣ **Note: any contacts listed within this flyer MUST have a current AAU Membership.**

AAU
USA